



SANDTRAPS RESTAURANT

WELCOME TO:
BRING YOUR APPETITE

OUT OF THE ROUGH

SANDTRAPS COBB SALAD (gfo)

Chicken, Pancetta Chip, boiled egg, tomato, cucumber, jack cheese, watermelon radish, naan bites \$18

GARLIC PRAWN SALAD (gfo)

Pan seared prawns, gem tomatoes, cucumber, watermelon radish, wontons, naan bites with a orange balsamic dressing \$19

PANCETTA CAESAR SALAD (gfo)

Romaine lettuce tossed with parmesan, croutons, Pancetta chips and a zesty Caesar dressing with garlic naan bites, Full \$16, Side \$8

Spruce it up, Chicken \$5 Prawns \$6 Halibut \$6 Steak \$6

ASIAN CHICKEN VERMICELLI SALAD

Seasoned chicken, spring mixed lettuce, cucumbers, red onion, sesame seeds, vermicelli noodles, crispy wontons, served with ginger soya dressing. \$17

HOUSE SALAD (gfo)

Cucumbers, gem tomatoes, watermelon radish, mixed summer greens with a house made apple cider vinaigrette & naan bites Full \$13 Side \$7

Spruce it up, Chicken \$5 Prawns \$6 Halibut \$6 Steak \$6

SOUP OF THE DAY

(Always house made)

Bowl with grilled bread \$6.25

Small bowl \$4.75

SAND WEDGES

GRILLED CHEESE (gfo)

Whole wheat bread with cheddar cheese grilled to perfection \$12

CLUBHOUSE SANDWICH (gfo)

Baked chicken breast, bacon, tomato, lettuce, mayonnaise, served on multigrain toast \$18

BLT SANDWICH (gfo)

Bacon, lettuce, tomato, mayonnaise served on multigrain toast \$14 no side \$9

REUBEN (gfo)

Seared Pastrami on marble rye, grilled with sauerkraut swiss cheese and house dressing \$18

ON THE TEE BREAKFAST SANDWICH (gfo)

2 fried eggs, bacon and cheddar on a brioche bun \$14 no side \$10

FRONT NINE

BAKED NACHOS (gfo)

Corn tortillas topped with green onions, jalapenos, tomatoes, jalapeno jack cheese, black olives, served with sour cream and Jason's house made salsa

Sharing \$25, Personal \$17, Add ground Beef \$8 Add pulled pork \$6, Extra cheese \$5

CHICKEN WINGS (gfo)

Choice of Frank's Red Hot, Salt & Pepper, Lemon Pepper, Honey Garlic, Spicy BBQ or Bigfoot BBQ, served with ranch dip \$18

DRY RIBS (gfo)

Pork riblets marinated in soy and garlic served with ranch dressing \$16

PORK KIMCHEE DUMPLINGS

10 Dumplings served with sweet soya sauce \$16

8 Dumplings with summer salad \$18

CRAB CAKES

3 Crab Cakes served with crema dipping sauce \$15 with house salad \$18

SPINACH ARTICHOKE DIP (gfo)

Served with tortilla chips and naan bits \$15

CALAMARI

Golden fired, green onion, served with crema dipping sauce \$16

YAM FRIES (gf)

Golden fried sweet potatoes served with chipotle dipping sauce \$12 Yam Poutine \$15

POUTINE (gf)

House cut fries, cheese curds and beef gravy \$13 Add pulled pork \$16

PLEASE LET YOUR SERVER KNOW OF ANY ALLERGIES SO THEY CAN INFORM THE KITCHEN. OUR DEEP FRYERS ARE NOT CELIAC FRIENDLY

SUBSTITUTE GLUTEN FREE BREAD \$2

FOR SPLIT PLATE SERVICE ADD \$2

PRICES DO NOT INCLUDE GRATUITY OR GST